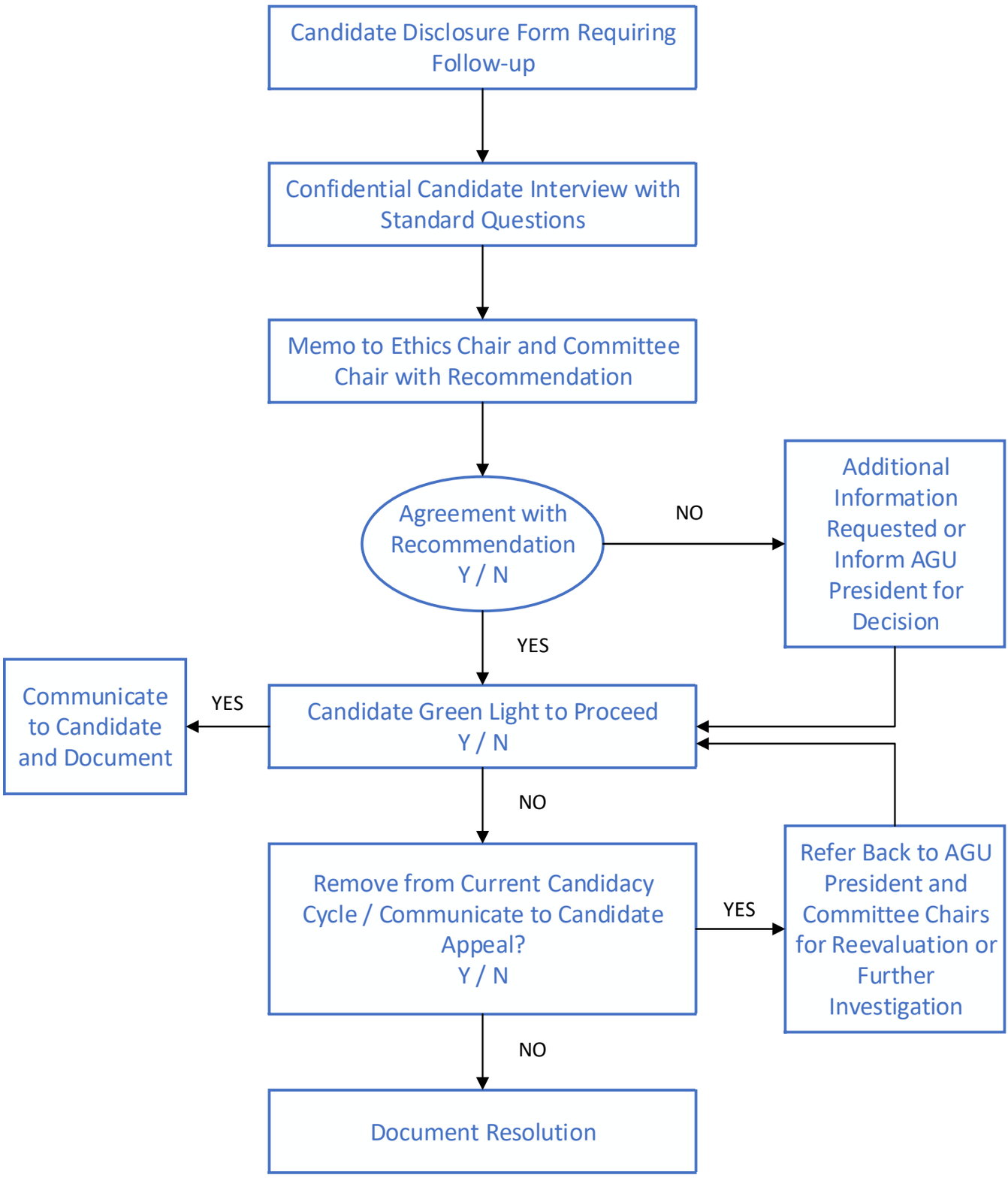Process Steps for Professional Self Disclosure Follow-up